



The Life Coaching Academy – 2001 - Present



PROFESSIONAL COACH
ICF LVL 2

Inspirational Education

www.lifecoachingacademy.edu.au

Course Overview

The core of the program can take approximately 7 – 12 months which includes the Cert IV in Life Coaching.

You are given 24 months with an option to extend for a further 12 months if needed.

Integrated Program

Not a unit by unit delivery but a stage by stage integrated program that is self-paced. Live Zoom sessions at various times and days on a 3 day rotation allowing you to select a session to suit you.

Practical Coaching group work in a group of 3 (triad) at your nominated day and time using Skype/Zoom/Whatsapp etc

Support

All students are assigned a Student Support person and the Triad groups are assigned a Mentor.

All students have access to the online portal for life as well as the closed Facebook community page.

All students have access to a Business coach even after completing their program.

The program has reflective based assessments apart from the 3 business units and 1 professional development unit in the Cert IV where they will complete and submit assessments through dedicated portals.

All LCA Trainers have completed the Cert IV in Life Coaching with the LCA and are all ICF Level 2 Accredited and all are at various levels of ICF credentialing. Most importantly all LCA trainers run their own full time coaching businesses.

Nationally Recognised Qualification

Registered Training Organisation (RTO's) like us and are responsible for issuing nationally recognised qualifications. Training providers like us are registered by the Australian Skills Quality Authority (ASQA) to deliver Vocational Education and Training (VET).

If you are interested in finding out which of the training organisations you are talking to is registered you can use the following:

Use our information as an example:
training.gov.au - 31275

International Coach Federation ICF LVL 2 Accreditation

The ICF accreditation is also the only internationally recognised professional coaching accreditation. By having an ICF coaching certification, business and life coaches have proven their knowledge, ability and dedication to professional and high ethical standards. What this means for you as an ICF certified coach is more clients!

Please be aware there is only one recognised International body and it is the International Coach Federation.

Our Program is Accredited at the (LVL 2) which means it is all inclusive training with no need for separate verification and additional evidence needed.

This level puts you on the direct pathway to the PCC credentialing level.

Level 2 Accreditation - International Coaching Federation

Qualifications attained with the Professional Coach ICF LVL 2 program:

- Nationally Recognised Cert IV in Life Coaching 10864NAT
- Professional Coach ICF LVL 2 Accreditation

For more information, visit our website (Click Link below)

[ICF Accredited Coaching Courses & Training Programs Australia \(lifecoachingacademy.edu.au\)](http://lifecoachingacademy.edu.au)

Stages & Units:

Stage 1: Approximately 12 weeks

Coaching Fundamentals include

NAT10864001 – Co-actively communicate

NAT10864002 – Establish Coaching Agreements

NAT10864003 – Create a safe and supportive coaching environment

NAT10864004 – Coach Clients using the GROW model (ICF Endorsed)

NAT10864005 – Establish and maintain client records

NAT10864006 – Apply NLP within a coaching context

Assessments – Reflection reports on Live Zoom sessions

Stage 2: Approximately 12 weeks

Practical Coaching Triads include weekly sessions of 45 minutes each – Mentor attends sessions 2,6 & 11

COACH – 12 hours

CLIENT – 12 hours

OBSERVER – 12 hours

Coaching Webinars x 14

Pro-Bono Coaching – 2 Clients x 5 sessions each recorded – Best session submitted for assessment.

CHCPRP003 – Reflect on and improve own Professional Practice unit – Webinars & Assessment completed via dedicated portal

Stage 3: Self-Paced

Coaching Knowledge Questionnaire encompasses all units and stages above.

Stage 4: Approximately 12 weeks

NLP10864006 – Apply NLP within a Coaching Context includes:

- Introduction to NLP
- Presuppositions of NLP
- Representational Systems
- Eye Patterns
- Sub-Modalities
- Understanding language, communication & behaviour
- Swish Pattern
- Advanced Rapport, sensory acuity & calibration
- Belief changing
- Metaphors
- Perceptual positions
- Using NLP as a Coach

NLP Webinars x 13

NLP Practical Coaching Triads: 3 x Coach, 3 x Client & 3 x Observer

NLP Pro Bono Coaching: 2 Clients x 5 Sessions recorded

NLP Knowledge Questionnaire

Stage 5: Self Paced

Business Units & Assessments via dedicated portal:

- BSBESB401 – Research and develop business plans
- BSBESB402 – Establish legal & risk requirements of new business ventures
- BSBESB404 – Market new business ventures
- Mentor Coaching

Stage 6: Self Paced

Mentoring:

- Coaching Clinic Webinars for Exit Interview x 3
- Exit Interview
- ICF Webinars x 8
- Certification



[The Life Coaching Academy - Brand New Channel! - YouTube](https://www.linkedin.com/in/life-coaching-academy-9739bb191/)
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